



DANIEL OBEYED GOD



Daniel 1:1-17

Daniel and three friends were among the young men chosen to serve in the king's palace. The men were to be trained for three years. Then they would serve the king.

The king wanted them to eat the same kind of food he ate each day.

"No," Daniel said. Daniel knew God only wanted him to eat healthy food, but the king's food was not healthy. He asked to be able to eat only vegetables and to drink only water.

The chief official was afraid of the king. He didn't want the king to see Daniel and his three friends looking thin. So he told them they would have to eat the food the king had ordered them to eat.

"No!" Daniel said, "Let's have a test. We will eat only vegetables and drink only water for ten days. At the end of that time, if we don't look healthy, then we will eat what the king has ordered.

At the end of the ten days, the chief official was surprised. Daniel and his three friends looked healthier than any of the other young men. Daniel was right: the king's food wasn't good for them. God wanted them to eat healthy food.



PRESCHOOL



WELCOME

Prepare tables with the opening activities. Greet kids by name as kids arrive. Be sure to welcome any new families.

TABLE #1 - Coloring sheet & crayons - - - **TABLE #2** - Craft for today - - - **Floor** - cars & trucks



INTRODUCE THE BIBLE STORY

Have preschoolers tidy up the room and join you in the large group area. LISTEN AND OBEY --- Invite preschoolers to play a listening game with you. Give simple commands preschoolers can easily follow such as touch your toes, jump three times, or blink your eyes. To make the game more of a challenge, vary the volume of your voice with each command. Encourage preschoolers to listen closely and obey the command. Invite preschoolers to take turns giving commands to their friends, as well.

You had to listen closely and obey the commands I gave you. Today's story is about Daniel. He listened to God and obeyed what He said about the foods he should eat in the king's palace. Daniel listened to God even in small things, like what he ate. God was happy with Daniel and his friends for listening to Him. He made them very smart, and He helped Daniel understand dreams. Daniel followed God, and God made him wise.



DANIEL OBEYED GOD

Play the Bible story video from the thumbdrive on the ROKU TV; or read the Bible story from the Preschooler's Bible page 212 - 215.

God loves me.

God knows what I need to be healthy.



SONG

Lead preschoolers in singing one or more songs found in the August 2026 file.



PRACTICE THE KEY PASSAGE

Practice the key verse with preschoolers.

**Nothing will separate us from God's love
Romans 8:39a**



ACTIVITIES

PLATE FULL OF FOOD

- Allow interested preschoolers create a plate of good food. Hand out paper plates, magazine cutouts and place the glue sticks in easy reach.
- Demonstrate how to use the glue stick on a food picture and then place it on their plate.
- **Our story today told how Daniel and his friends chose to eat healthy foods - roasted grain, vegetables, and water - for 10 days. When the 10 days were over, they were stronger and healthier than those who chose to eat the king's food. God made good food for us to eat that help our bodies stay healthy. God knows what we need to be healthy.**

God loves me.

God knows what I need to be healthy.

Nothing will separate us from God's love
Romans 8:39a

FIND FOOD

- Place toy food items around the classroom. Encourage preschoolers to find a piece of food. Assist preschoolers as needed so that everyone finds a food item. Invite preschoolers to place their food in the large bowl.
- **The king gave Daniel and his friends food and drinks from his kitchen, but Daniel knew eating this food wasn't what God wanted. Daniel listened to God even in the small things, like what he ate. God love me and knows what I need to be healthy. Daniel followed God, and God made him wise.**



Match parent pick-up numbers, with child name tag numbers.

Build relationships with parents, encourage them to take a picture of the parent recap page to go over on the ride home.