



# 3RD - 5TH

1-3  
The First  
Family



## CONNECT TIME

Greet kids by name and play table games as kids arrive. Be sure to welcome any new families. Ask kids: **What happens if you disobey a rule at your school or in your home? Do you have a consequence? Why?**



## CAST OUT

**Start by 9:20/10:45**

Before the session, gather two balls of different colors. Designate one ball as “sin.” Lead kids to form a large circle. Hand one ball to a kid and the “sin” ball to another kid. Direct kids to pass the balls around the circle in opposite directions. Play music for about 15–20 seconds, allowing kids time to pass the balls around. When you stop the music, whoever is holding the “sin” ball is out. Continue playing as time allows.

**Being caught with the ‘sin’ ball cast you out of the game. Last week, we learned how sin entered the world through Adam and Eve’s disobedience. Because of their sin, all people sin. Today, we will learn how sin separates us from God. We’ll hear a story of how Adam’s son, Cain, was cast out from God’s presence because of his sin.**

**START BY**  
**9:30/10:55**

REVIEW **3** BE, LISTEN, FOLLOW



**LARGE GROUP**

# SMALL GROUP



## BIBLE REVIEW

Distribute Bibles and guide kids to open their Bibles to Genesis 4. Choose a volunteer to read aloud Genesis 4:26.

- **What do we call the family histories in the Bible, and why are they important?** We call these family histories genealogies. Genealogies not only show us the historical accuracy of the Bible but also remind us of God’s promise to bring a Rescuer into the world through Eve’s offspring.
- **How do the names of Adam, Seth, and Enosh remind us of God’s promise to send a Rescuer?** The Bible also records these names in the New Testament book of Luke. (Luke 3:38) We see these names in Luke because they are a reminder of God’s promise to send a Rescuer through Eve’s offspring.
- **Who is the Rescuer God promised, and how did He save us from our sin?** At just the right time, God sent His Son—Jesus—to live a perfect life and die on the cross for our sins. Sin separates us from God, but when we trust in Jesus, we are saved from our sin and are brought back to God.



## DISCUSSION

- **Why does God have to punish sin?** God is holy, which means He is perfect and without sin. Sin goes against who God is, and it separates us from Him. Our sin shows we have turned away from God. Because God is just and fair, He must punish sin. (Option: read Romans 2:8.)
- **How does God show us mercy?** Even though Cain sinned, God was merciful to him. God shows us mercy too! He kept His promise to Adam and Eve by sending Jesus to save sinners. Jesus took the punishment we deserve when He died on the cross. When we trust in Jesus, we don't get the punishment for our sin—that's God's mercy. (Option: read Romans 5:6–11.)
- **How can we keep sin from ruling in our hearts?** Cain let sin control him, but we don't have to. God is our Creator and King. We can either follow Him or let sin rule our lives. When we trust in Jesus, He changes our hearts so we want to follow God as our King. (Option: read Jeremiah 24:7.)



## SEEK MERCY

Form kids into five groups and provide each group with a Bible. Assign one of the following Bible verses to each group: Proverbs 28:13; Lamentations 3:22-23; Ephesians 2:4-5; Titus 3:5; 1 Peter 1:3. Direct groups to look up their Bible verse and discuss this question: **How does this verse show the mercy of God?** (For younger students, provide them with paper that has scripture printed on it.) Allow a minute or two for discussion. Then invite groups to share with everyone what they learned about God's mercy. For example, maybe they learned God's mercy never fails or that God shows mercy to those who repent of their sins.

**Mercy is an attribute or a characteristic of God. God is merciful, and He shows mercy. In today's story, we saw how God showed mercy to Cain even when Cain killed his brother. God shows mercy to sinners through His Son, Jesus. When we trust in Jesus, we don't receive the punishment our sin deserves. That's mercy!**



**Key Passage:** *How many are your works, Lord! In wisdom you made them all; the earth is full of your creatures. Psalm 104:24*



**Big Picture Question:** *Who is God? God is our Creator and the King of everything.*



Take prayer requests and allow kids to pray.



Match parent pick-up numbers, with child name tag numbers.  
Build relationships with parents, encourage them to take a picture of the parent recap page to go over on the ride home.